



Healthy Visions



Training & Education | Upcoming Seminars/Workshops | Stress Management | Anger Management

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Our Training
Our Education



Our Workshops
Our Seminars



Our Audio CD's
Our Subliminal CD's



Our Students
Our Classrooms

www.HypnosisCertification.com

CERTIFICATION IN CLINICAL HYPNOSIS THROUGH THE

American School of Clinical Hypnosis International

A Healthy Visions Company

TRAINING TO PREPARE YOU AS A CONSULTING HYPNOTIST

FACULTY DISCLOSURE

Ron Eslinger Owner Healthy Visions

Healthy Visions policy is that the subject matter experts for this product must disclose any financial relationship in a company providing grant funds and/or a company whose product(s) may be discussed or used during the educational activity. Financial disclosure will include the name of the company and/or product and the type of financial relationship and includes relationships that are in place at the time of the activity or were in place in the 12 months preceding the activity. Disclosures for this activity are indicated according to the following numeric categories:

1. Consultant/Speaker's Bureau
2. Employee
3. Stockholder
4. Product Designer
5. Grant/Research Support
6. Other relationship (specify)
7. No conflict



American School of Clinical Hypnosis International

Training in Hypnotherapy
could change your life
in many positive ways.

With the general
public becoming more
mind/body aware, the
need for hypnotherapists
increases every year.

THE EXCITING WORLD OF HYPNOSIS



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The only program designed for Health Care Providers

Approved by the American Association of Nurse

Certification Training Approved By
The National Guild of Hypnotists, INC.

CONSULTING HYPNOTISTS CERTIFICATION

Daily Schedule

Sunday	
8:00-10:00:	Lesson #1 - What is Hypnosis Review BREAK
10:00-10:20:	BREAK
10:20-12:00:	Lesson #2-Suggestibility & Your Clients
12:00-1:30:	LUNCH
1:30-3:00:	Lesson #3-Influences of Hypnosis, Lesson #4-Cautions of Hypnosis BREAK
3:00-3:10:	Lesson #5-History of Hypnosis,
3:10-6:00:	Lesson # 6- How to Hypnotize/practice
Monday	
8:00-10:00:	#7- <u>Trance Depth</u>
10:00-10:20:	BREAK
10:20-12:00:	Lesson # 8, #9, #10, #11-The Conscious and Unconscious Mind, Mechanical Aids, Additional Inductions
12:00-1:30:	LUNCH
1:30-3:00:	Lesson #12-Deepening Techniques Lesson #13-Miscellany
3:00-3:10:	BREAK
3:10-6:00:	Practice
Tuesday	
8:00-9:00:	Lesson #14-Anesthesia Management (video) Demonstrate Elman technique and glove anesthesia (Lessons #15, #16, #17, #18-Smoking, Weight and Stress on Wednesday)
9:00-10:00:	Lesson # 19, #20,#21,#22,#23- Behavioral Assessment, Goal Setting, Imagery Psychology and Hypnosis, Additional Hypnosis Techniques
10:00-10:20:	BREAK
10:20-12:00:	Continue Lesson # 19, #20, #21, #22, #23 - Behavioral Assessment, Goal Setting, Imagery Psychology and Hypnosis, Additional Hypnosis Techniques
12:00-1:30:	LUNCH
1:30-3:00:	Lesson #24-How to Create A Self Hypnosis Class
3:00-3:10:	BREAK
3:10-4:00:	Lesson #25-Hypnotic Regression (Lesson #26 Friday)
4:00-6:00	Practice / Discussion

Daily Schedule

Wednesday	
8:00-10:00:	Lesson #27-Smoking Cessation
10:00-10:10:	BREAK
10:10-12:10:	Lesson #28-Weight Management
12:10-12:20:	BREAK
12:20-1:30	Lesson #29-Stress Management
1:30-6:00:	LUNCH Practice and Independent Study
Thursday	
8:00-10:00:	Lesson #30-Preparing Patients for Surgery
10:00-10:20:	BREAK
10:20-12:00:	Lesson #31 - Pain Management With Hypnosis
12:00-1:30:	LUNCH
1:30-3:30:	Pain Management With Hypnosis Cont
3:30-5:00	Practice and Q & A
5:00-6:00	BREAK
6:00 - 10:00	Clients
Friday	
8:00-10:00:	Lesson #32-Business Practices SBDC
10:00-10:15:	BREAK
10:15-12:00 :	Lesson #33-Cancer and Hypnosis
12:00-1:30:	LUNCH
1:30-5:00:	Practice Q&A
Saturday	
8:00-9:30:	Lesson #34-Childbirth With Hypnosis
9:00-9:40:	BREAK
9:40-11:40:	Lesson #35-Hypnosis For Children
11:40-12:30:	Review, Exam, Q&A
12:30-2:00	Wrap up

Graduate

Schedule Flights for 3:00pm or later.

This is a 100 hour certification through the National Guild of Hypnotists.

Pre-course requirements and after-hours assignments complete the 100 hours of training.

See page 7 for CNE Credit approval information

HYPNOSIS CERTIFICATION—40 CE CREDITS COURSE DATES, LOCATIONS, AND INSTRUCTORS

Course Instructor:

M. Ron Eslinger, CAPT US Navy Retired, RN, CRNA, APN, MA, CMI, BCH, FNGH

Course Location:

Healthy Visions

351 Market Street, Clinton, TN 37716

Hotel Accommodations:

See list of Hotels online www.hypnosiscertification.com

Airport:

Knoxville (Code TYS)

Dates:

August 20-26, 2017

April 22-28, 2018

August 19-25, 2018

This program has been prior approved by the American Association of Nurse Anesthetists for 40 Class A CE credits; Code Number 1033881; Expiration Date 08/26/17.

Healthy Visions is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). Approved 40 CE Credits Code # 5-133

CERTIFICATION REGISTRATION FORM

Course You Are Attending:

Date: _____

Clinical Hypnotist Certification ———\$1,795.00 if paid **eight (8) weeks** prior to course start date. *\$1,995.00 after that date.*

(Please Print)

Name: _____

Address: _____

City: _____ St: _____ Zip: _____

Phone: _____

RN# _____ AANA # _____ APN# _____

**CRNAs please provide AANA# and RN#*

Email: _____

Payment Method Circle: Check: CC: Visa MC AMEX
Discover

Credit Card Number: _____

Expiration Date: _____

Signature _____

Participants will receive Certification and awarding of CE Credits at the successful completion of all course requirements, evaluation and examination.

Register on line or by mail to: Healthy Visions

351 Market Street, Clinton, TN 37716

By Phone: 865-269-4616, Toll Free 1-866-312-3159, Fax 865-269-4613

on-line at www.hypnosiscertification.com

REFUND POLICY: Refunds must be requested in writing and will be granted as follows: A \$100 cancellation and pre course materials fee will be charged. Special Circumstances will be considered for refund. Policy may vary according to type of credit card and time from registration to cancellation. Pre course materials become the property of the registrant.

MEET THE INSTRUCTOR



Ron Eslinger, CAPT US Navy Retired, RN, CRNA, APN, MA, CMI, BCH, FNGH, OB, Certified Registered Nurse Anesthetist, is a Board Certified Hypnotherapist and Hypnotherapy Instructor through the National Guild of Hypnotists, Hypnotherapy Fellow through the National Guild of Hypnotists, and Order of the Braid. He was nominated by the

Department of the Navy to Represent the Department of Defense to the National Institutes of Health's Health Service's Committee on Complementary and Alternative Therapy (CAM). He received the Researcher of the Year award in 2003 presented by the National Guild of Hypnotists.

He completed Certification in Hypnotherapy in 1978 followed by continued education in advanced hypnotherapy with a list of renowned hypnotherapists. Among these were such greats as Harry Arrons, Louis McCoy, CRNA, Agustin Hernandez, Jr., CRNA, Dr. John Chavis, MD, Alphones Tatarunis, Ed.D, Larry Goldman, MD, Judy Lash, Psy.D, and Marc Oster, Psy.DE, Dr Michael Yapko and Dr. Joseph Barber, Belleruth Naparstek, and Larry Goldman He received his Certification in HypnoBirthing in 2000. Researcher of the Year 2003 and winner of the Ormond McGill Award for Best Presenter 2004. Order of the Braid 2005 and Educator of the Year 2008.

Ron is also a member of the American Association of Nurse Anesthetists, Tennessee Association of Nurse Anesthetists, the International Society of Clinical & Experimental Hypnosis, the Association of Clinical Hypnotists and the Holistic Nurses Association. He has served as past president of the Virginia Association of Nurse Anesthetists and Vice-President Tennessee Nurses Association District 2.

He is currently the owner of Healthy Visions, the American School of Clinical Hypnosis—Int., founder of the American Association of Moderate Sedation Nurses, Train the Trainer Master Hypnotists. He is internationally renowned as an author, speaker and teacher.



PRE-COURSE STUDY MATERIALS

Required Pre-Course Study

Hypnosis: Putting The Imagination to Work

My Method by Emile Coué

What is Hypnosis DVD

The Preparation and the Induction for a Successful Client Session DVD

A 21 Step Blue Print For Success DVD

Client Session - Jamie's Story DVD

Pre-Scripts for Study

Lemon Convincer Script

Magnetic Fingers Convincer Script

The Comfort Producing Breath

Progressive Relaxation Induction for the First Session

Emergence Script

WHAT GRADUATES TAKE HOME

- Membership National Guild of Hypnotists
- Hypnosis: Putting The Imagination to Work
- Copyright Free Music CD
- Resource CD with 1000's of articles, scripts, research, and marketing ideas
- 40 AANA CEs
- 75 ANCC CEs
- Training manual for Medical Hypnosis
- 4- Session Smoking Cessation Program
- 4-Session Pain Management Program
- 4-session Weight Management Program
- Understanding Psychology Book
- Presentation and handout by the Small Business Development Center
- Student Training Manuals (Book 1 and Book 2)
- CDs & DVDs, Business Start-Up Portfolio
- Extra HVH Scripts
- Extra NGH scripts
- Pendulum & Chart.
- Certification from the National Guild of Hypnotists
- Personalized 11x14 Certificate
- Embossed Membership Card
- The Many Benefits of the NGH DVD
- Motivation for the New Hypnotists CD
- Interviews with renown Hypnotists
- Building a successful practice on CD
- Master marketing Part 1 DVD
- Master Marketing Part 2 DVD
- Mega-Marketing Book



OBJECTIVES

- Use the definition of hypnosis to explain hypnosis to others., 2. List 5 ways nurses use hypnosis. 3. List the two types of hypnotic suggestions. 4. List 5 misconceptions of hypnosis.
- Examine the role Alice Magaw played using the power of suggestion pre and intra op 2. List three benefits of pre -induction positive language 3. Differentiate between positive and negative words. 4. List 5 things that can be accomplished by using hypnosis prior to anesthesia and surgery.
- Analyze the results of a Blue Shield of Cal study on pre surgical hypnosis. 2. List 3 outcomes reported by New York Presbyterian Hospital on the effects of hypnosis prior to surgery
- List the 5 parts of the Limbic System, 2. List 4 functions of the Limbic System. 3. Demonstrate glove anesthesia, 4. List 10 hypnotic procedures for pain management

REGISTER: On-Line, Phone, Fax, Mail,

www.healthyvisions.com—1-866-312-3159—Fax: 865-269-4613

Healthy Visions—351 Market Street

Clinton, TN 37716

TUITION:

\$1995.00 regular tuition

\$1795.00 if paid 8 weeks prior to course date.

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